



# 17<sup>th</sup> EuGMS CONGRESS

## LIVE PROGRAMME

● IN ATHENS ● ONLINE

OCTOBER 11, 2021

All times are in EEST (Eastern European Summer Time)

	BANQUETING HALL / CHANNEL 1	SKALKOTAS HALL / CHANNEL 2	MC3 ROOM / CHANNEL 3	MC2 ROOM / SPONSORED CHANNEL
14.00/14.30	<b>OPENING CEREMONY</b> Introduction: Marina Kotsani, Greece  Yiannis Ellul, Greece - President of the 17th EuGMS Congress Thanos Plevris, Greek Minister of Health Emmanouil Kalampokas, Deputy Mayor of Health of the Municipality of Athens Athanase Benetos, France - President of EuGMS Mirko Petrovic - Academic Director of EuGMS			
14.30/15.00	<b>KEYNOTE LECTURE</b> Chair: Sofia Duque, Portugal <b>Mediterranean Diet and Longevity</b> Antonia Trichopoulou, Greece			
15.00/15.45	<b>MOVING OLDER PEOPLE TO EXERCISE</b> Chairs: Eleftheria Antoniadou, Greece Tomasz Grodzicki, Poland 1. Best strategies to achieve exercise compliance Ellen Freiburger, Germany 2. Exercise in older people hospitalized with acute medical illness Mikel Izquierdo, Spain <b>Q&amp;A</b>	<b>CLINICAL AND WELLBEING ASPECTS OF STROKE CARE</b> Chairs: Jean-Pierre Bayens, Belgium Karolina Piotrowicz, Poland 1. Clinical relevance and consequences of cerebral small vessel disease Charlotte Cordonnier, France 2. Psychological wellbeing and care after stroke Caroline Watkins, United Kingdom <b>Q&amp;A</b>	<b>ORAL COMMUNICATIONS</b> Chairs: Davide Vetrano, Sweden Hana Vankova, Czech Republic 1. Development of a predictive score for mortality after discharge from an acute geriatric unit as a trigger for advanced care planning Jean-Baptiste Beuscart, France 2. Mental Capacity Assessment In Hospitalised Older Adults Jasmine Gan, United Kingdom 3. The Impact of SARS-CoV-2 on Emergency Presentations and Admissions among Older Patients Fergal Howley, Ireland 4. Magnitude, change over time, demographic characteristics and geographic distribution of excess deaths among nursing home residents during the first wave of COVID-19 in France: a nationwide cohort study Florence Canoui-Poitrine, France 5. The impact of COVID-19 on mortality in patients with dementia Dorota Religa, Sweden 6. Computed tomography findings and prognosis in older COVID-19 patients Chukwuma Okoye, Italy 7. The effect of social deprivation on hip and distal femoral fractures in Italy (2010-2019) Brigid Unim, Italy 8. Fear of Falling is independently associated with Orthostatic Hypotension in Older people with and without a history of Falls. Data from TILDA Eimear Connolly, Ireland 9. Delayed Blood Pressure Recovery after Standing Independently Predicts Fracture in Community-Dwelling Older People Kate Doyle, Ireland 10. Does the interaction between Pulse Wave Velocity And Sarcopenia influence frailty transitions along time? Alejandro Alvarez Bustos, Spain 11. Frailty trajectories in three longitudinal studies of aging: is the level or the rate of change more predictive of mortality? Ge Bai, Sweden 12. Risk For Undesirable Outcomes In Older Emergency Department Users: Results Of An Observational Cohort Study Olivier Beauchet, Canada 13. The effect of educational intervention on use of psychotropics in defined daily doses and related costs in long-term care Ulla Aalto, Finland 14. BZRA deprescription on acute geriatric units François-Xavier Sibille, Belgium 15. Milk intake across adulthood and grip strength decline from mid- to late life: the MRC National Survey of Health and Development (MRC NSHD) Antoneta Granic, United Kingdom	<b>MSD SPONSORED SESSION</b> <b>Cardiovascular Sequelae of Pneumococcal Disease in the Elderly</b> Chair: Francesco Bruno Blasi, Italy <b>Role of Streptococcus pneumoniae in cardiovascular disease</b> Stefan Krüger, Germany <b>Live Q&amp;A and closing remarks</b>
15.45/16.30	<b>MULTIDISCIPLINARY DIALOGUE ON CHRONIC MUSCULO-SKELETAL PAIN</b> Chairs: Matteo Cesari, Italy Helgi Kolk, Estonia 1. Pain and functional decline Sophie Pautex, Switzerland 2. Facing the challenges of long-term opioid use in everyday practice Danijela Gnjidic, Australia <b>Q&amp;A</b>	<b>VACCINATION IN OLDER PEOPLE</b> Chairs: Georgios Karamanof, Greece Stefania Maggi, Italy 1. Pneumococcal vaccination in older people Johan Flamaing, Belgium 2. Benefits from vaccines beyond infectious diseases Gaëtan Gavazzi, France <b>Q&amp;A</b>		<b>NESTLÉ SPONSORED SESSION</b> <b>Immune and Metabolic Health in Aging: Novel Targeted Nutrition Strategies to Help Protect the Elderly</b> Chair: Marcello Maggio, Italy 1. Evaluating the nutrient needs of older adults and actionable steps to support immune function Ascensión Marcos, Spain 2. A novel nutritional approach to improve health in aging: introducing GlyNAC and the 'power of 3' Rajagopal V. Sekhar, USA
16.30/17.00	<b>BREAK</b>			
17.00/17.45	<b>EuGMS 20<sup>th</sup> ANNIVERSARY CELEBRATION</b> <b>How geriatric medicine has changed in the last 20 years: Method, approach and challenges - a view from former EuGMS Presidents and Founder Members</b> Chairs: Athanase Benetos, France Lene Holst Andersen, Denmark Jean-Pierre Bayens, Belgium Alfonso Cruz-Jentoft, Spain Paul Knight, United Kingdom Stefania Maggi, Italy Finbarr Martin, United Kingdom Jean-Pierre Michel, Switzerland Desmond O'Neill, Ireland Alan Sinclair, United Kingdom Timo Strandberg, Finland Brian Williams, United Kingdom	<b>SLEEP AND COGNITION</b> Chairs: Adam Lelbach Hungary, Meltem Koca, Turkey 1. Circadian rhythms and cognition Helmut Frohnhofen, Germany 2. Sleep disorders in mild cognitive impairment Maria Basta, Greece <b>Q&amp;A</b>	9. Delayed Blood Pressure Recovery after Standing Independently Predicts Fracture in Community-Dwelling Older People Kate Doyle, Ireland 10. Does the interaction between Pulse Wave Velocity And Sarcopenia influence frailty transitions along time? Alejandro Alvarez Bustos, Spain 11. Frailty trajectories in three longitudinal studies of aging: is the level or the rate of change more predictive of mortality? Ge Bai, Sweden 12. Risk For Undesirable Outcomes In Older Emergency Department Users: Results Of An Observational Cohort Study Olivier Beauchet, Canada 13. The effect of educational intervention on use of psychotropics in defined daily doses and related costs in long-term care Ulla Aalto, Finland 14. BZRA deprescription on acute geriatric units François-Xavier Sibille, Belgium 15. Milk intake across adulthood and grip strength decline from mid- to late life: the MRC National Survey of Health and Development (MRC NSHD) Antoneta Granic, United Kingdom	<b>NUTRICIA SATELLITE SYMPOSIUM</b> <b>Strong steps forward – optimizing muscle-targeted nutritional intervention in sarcopenia</b> Chair: Andrea Maier, Netherlands, Singapore 1. Latest evidence behind muscle-targeted intervention: Synergistic role of nutrition and exercise Luc van Loon, Netherlands 2. Sarcopenia in clinical practice: Where we are versus where we need to be? Andrea Maier, Netherlands, Singapore
17.45/18.30	<b>EuGMS ACADEMIC BOARD ROUNDTABLE</b> <b>Main impact of Covid-19 on older adults</b> Coordinators: Kiyoka Kinugawa-Bourron, Yiannis Ellul Speakers: Gaetan Gavazzi, France Adam Gordon, United Kingdom	<b>SUBMITTED SYMPOSIUM</b> <b>Clinical implications of novel frailty and sarcopenia assessment methods</b> Chairs: Sophie Bastijns, Belgium Gülistan Bahat Turkey 1. SARCUS update: standardizing whole-body ultrasound muscle assessment Karolina Piotrowicz, Poland 2. Integrating ultrasound and gait analysis in standard sarcopenia and frailty assessment Anne-Marie De Cock, Belgium <b>Q&amp;A</b>	<b>ISVH SYMPOSIUM IN COLLABORATION WITH EuGMS</b> <b>Metabolic syndrome and arterial system</b> Chairs: Jirar Topouchian, France Yuriy Sirenko, Ukraine 1. Effects of the Metabolic Syndrome on the arterial System Nebojsa Tasic, Serbia 2. Arterial stiffness in patients with & without Metabolic Syndrome System Athanase Benetos, France 3. Obesity Indexes (BMI, WC, ABSI) and arterial function Kohji Shirai, Japan	<b>NESTLÉ SPONSORED SESSION</b> <b>Regain mobility and physical autonomy in sarcopenia and frail patients: the latest evidence</b> <b>Introduction and Welcome</b> Chair: Jürgen M Bauer, Germany 1. How hard and how often to exercise? - Intensity and efficiency of resistance training in older persons with sarcopenia and frailty Ivan Bautmans, Belgium 2. The perfect match – Protein supplementation and exercise in mitigating muscle loss: action against the disuse crisis Stuart Phillips, Canada
20.30	<b>MUSICAL EVENT</b> <b>Maria Farantouri</b>			

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08.45/09.30	<b>THE ROLE OF NUTRITION IN HEALTHY AGEING</b> ● <i>Chairs: Christina Avgerinou, Greece Jean-Pierre Michel, Switzerland</i> 1. Adaptation of the Mediterranean diet in Nordic populations <i>Federica Prinelli, Italy</i> 2. Update Malnutrition – Implications of the MaNuEL Knowledge Hub <i>Dorothee Volkert, Germany</i> <b>Q&amp;A</b>	<b>CARDIOVASCULAR AGEING AND COGNITIVE DECLINE</b> ● <i>Chairs: Roland Asmar, France Symeon Panagiotakis, Greece</i> 1. Vascular health and the aging process <i>Peter Nilsson, Sweden</i> 2. Diabetes mellitus and cognitive decline <i>Angelo Scuteri, Italy</i> <b>Q&amp;A</b>	<b>EU-COGER STUDY: EUROPEAN COOPERATION IN GERIATRIC REHABILITATION RESEARCH AFTER COVID-19</b> ● <i>Chair: Jos Schols, The Netherlands</i> 1. Recovery of daily functioning and quality of life in post-Covid-19 patients in geriatric rehabilitation across Europe <i>Miriam Haaksma, The Netherlands</i> 2. The impact of COVID-19 on care services in geriatric rehabilitation <i>Laura Monica Perez Bazan, Spain</i> <b>Q&amp;A</b>	
09.30/10.15	<b>THE IMPACT OF PHYSICAL EXERCISE</b> ● <i>Chairs: Eleftheria Antoniadou, Greece Jesper Ryg, Denmark</i> 1. Physical activity and exercise in the context of SARS-Cov-2: A geroscience perspective <i>Philippe de Souto Barreto, France</i> 2. Exercise and cognitive impairment <i>Hanna Ohman, Finland</i> <b>Q&amp;A</b>	<b>HYPERTENSION MANAGEMENT IN OLDER PEOPLE</b> ● <i>Chairs: Alfonso Cruz-Jentoft, Spain Francesco Mattace-Raso, The Netherlands</i> 1. The age-related blood pressure trajectories from young-old adults to centenarians <i>Daive Vetrano, Sweden</i> 2. New methods for blood pressure measurements in older adults <i>Kostas Tsioufis, Greece</i> <b>Q&amp;A</b>	<b>MULTIDISCIPLINARY MANAGEMENT OF THE OLDER SURGICAL PATIENTS</b> ● <i>Chairs: Ioannis Georgiopoulos, Greece Timo Strandberg, Finland</i> 1. Neuromuscular exercise prior to orthopaedic surgery <i>Stefan Grund, Germany</i> 2. Prevention of delirium in older surgical patients: evidence-based interventions <i>Judith Partridge, United Kingdom</i> <b>Q&amp;A</b>	<b>MSD SPONSORED SESSION</b> ● <b>Cardiovascular Outcomes: is there a Role for Pneumococcal Vaccination?</b> <i>Charalambos V. Vlachopoulos, Greece</i> (available on-demand from October 11)
10.15/11.00	<b>PHYSICAL FRAILITY AND EXERCISE</b> ● <i>Chairs: Tahir Masud, United Kingdom Desmond O'Neill, Ireland</i> 1. Exercise in the frail older person: lessons learned from ADVANTAGE Joint Action <i>E. Antoniadou, Greece</i> 2. The SPRINTT project: the effectiveness of a multicomponent program on physical frailty <i>Roberto Bernabei, Italy</i> <b>Q&amp;A</b>	<b>BLOOD PRESSURE REGULATION AND VARIABILITY</b> ● <i>Chairs: Nicolás Martínez Velilla, Spain Chrysanthos Zamboulis, Greece</i> 1. Clinical consequences of autonomic dysfunction and blood pressure variability in older people <i>Rose Anne Kenny, Ireland</i> 2. Blood pressure regulation and cognitive decline <i>Maria Cristina Polidori, Germany</i> <b>Q&amp;A</b>	<b>SPECIAL INTEREST GROUP (SIG) SYMPOSIUM ON BEHALF OF THE SIG ON COMPREHENSIVE GERIATRIC ASSESSMENT</b> ●● <b>SIGOT meets EuGMS: a geriatric approach to the Older People with Infectious Disease</b> <i>Chair: Eva Topinkova, Czech Republic</i> 1. A multidimensional approach to the older patient with Sars-Cov-2 Infection <i>Alberto Pilotto, Italy</i> 2. Rational of antibiotic stewardship with procalcitonin in older patients <i>Gaetan Gavazzi, France</i> <b>Q&amp;A</b>	
11.00/11.45	<b>NEW INSIGHTS IN DEMENTIA</b> ●● <i>Chairs: Yaohua Chen, France Timo Strandberg, Finland</i> 1. Sleep disorders in dementia <i>Kiyoka Kinugawa-Bourron, France</i> 2. Biomarkers to identify individuals at risk for Alzheimer's disease <i>Sebastian Engelborghs, Belgium</i> <b>Q&amp;A</b>	<b>OUTCOMES OF SCIENTIFIC ACTIVITIES FROM EuGMS SIGs</b> ●● <i>Chairs: Cornel Sieber, Germany Matteo Cesari, Italy</i> 1. SIG on Geriatric Rehabilitation <i>Jos Schols, The Netherlands</i> 2. SIG on Ageing Biology <i>Eric Boulanger, France Lynne Cox, United Kingdom</i> 3. SIG on frailty and resilience <i>Matteo Cesari, Italy</i>	<b>EAMA WORKSHOP</b> ●● <b>Recognizing the older person at risk of self-neglect and abuse</b> <i>Nele Van Den Noortgate, Belgium, Ole Martin Steihaug, Norway</i>	<b>ONTEX Q&amp;A SESSION</b> ● <b>The Internet of Things and Incontinence Care</b> 11.00/11.15
11.45/12.30	<b>CROSS TALK BETWEEN VASCULAR SPECIALISTS AND GERIATRICIANS</b> ●● <i>Chairs: Antonio Cherubini, Italy Lia Marques, Portugal</i> 1. Selecting older people for reperfusion therapies in acute stroke <i>George Tsvigoulis, Greece</i> 2. Management of acute coronary syndromes in frail older adults <i>Jacek Legutko, Poland</i> <b>Q&amp;A</b>	<b>PREVENTIVE AND THERAPEUTIC STRATEGIES FOR COGNITIVE DISORDERS</b> ●● <i>Chairs: Karolina Piotrowicz, Poland Ioan Gabriel Prada, Romania</i> 1. Dietary interventions in mild cognitive impairment and dementia <i>Nikos Skarmas, Greece</i> 2. Searching new pharmacological strategies for the treatment of Alzheimer's disease <i>Susan Shenkin, United Kingdom</i> <b>Q&amp;A</b>		
12.30/13.15	<b>BREAK</b>			
13.15/14.15	<b>PRESIDENTIAL LECTURE</b> ●● <i>Chair: Cornel Sieber, Germany</i> <b>Preventive Geriatrics: The role of Telomeres</b> <i>Athanase Benetos, France</i>			
14.15/15.00	<b>SARCOPENIA AND SARCOPENIC OBESITY</b> ●● <i>Chairs: Graziano Onder, Italy Francisco José Tarazona, Spain</i> 1. Reducing inflammation in sarcopenia <i>Ivan Bautmans, Belgium</i> 2. Current challenges in defining sarcopenic obesity <i>Mauro Zamboni, Italy</i> <b>Q&amp;A</b>	<b>DIAGNOSIS AND TREATMENT OF MOVEMENT DISORDERS</b> ●● <i>Chairs: Luba Matchekhina, Russian Federation Antonio Cherubini, Italy</i> 1. Diagnosis and treatment of functional movement disorders <i>Patrick Santens, Belgium</i> 2. Invasive treatments for older people with advanced Parkinson's disease <i>Zinovia Kefalopoulou, Greece</i> <b>Q&amp;A</b>	<b>EAMA SESSION OTHER FACES OF GERIATRICS: BIOLOGY OF AGING AND AGE-RELATED DISEASES</b> ●● <i>Chair: Nicolás Martínez-Velilla, Spain</i> 1. Healthy ageing facts and research questions – where do we stand? <i>Thomas Munzer, Switzerland</i> 2. Microbiome and age-related diseases <i>Claire Roubaud, France</i> <b>Q&amp;A</b>	
15.00/15.45	<b>CLINICAL TRIALS IN OLDER PEOPLE: IF NOT NOW WHEN?</b> ●● <i>Chairs: Meltem Koca, Turkey Finbarr Martin, United Kingdom</i> 1. Hidden discrimination in trials on drug development and regulation <i>Petra Thuermann, Germany</i> 2. The geriatrician's contribution to designing pragmatic clinical studies of high scientific value <i>Michael Denking, Germany</i> <b>Q&amp;A</b>	<b>JOINT SYMPOSIUM ESCEO-IOF-EuGMS</b> ●● <b>Management of osteoarthritis in the oldest old</b> <i>Chairs: René Rizzoli, Switzerland Elaine Dennison, United Kingdom</i> 1. Epidemiology and burden of osteoarthritis <i>Elaine Dennison, United Kingdom</i> 2. Recently published international guidelines for the management of osteoarthritis: similarities and differences? <i>Olivier Bruyère, Belgium</i> 3. Evidence-Based approach of the use of SYSADOAs in osteoarthritis: outcomes of recent systematic literature reviews and meta-analyses <i>Charlotte Beaudart, Belgium</i> <i>Discussion leader: Jean-Yves Reginster, Switzerland</i>	<b>EAMA SESSION GROWING OLD IN BETTER HEALTH ACROSS DIFFERENT COUNTRIES</b> ●● <i>Chair: Sylvie Bonin Guillaume, France</i> 1. Impact of climate <i>Luis Miero, United Kingdom</i> 2. Impact of social structure <i>Pascale Dinan, Mauritius</i> 3. Impact of economy <i>Carlos Chiatti, Italy</i> <b>Q&amp;A</b>	
15.45/16.00	<b>BREAK</b>			
16.00/16.45	<b>CONTROVERSIES IN CARDIOVASCULAR PREVENTION</b> ●● <i>Chairs: Evrydiki Kravariti, Greece Tomasz Grodzicki, Poland</i> 1. Management of asymptomatic carotid artery disease in older adults <i>Stavros Kakkos, Greece</i> 2. Deprescribing medications for secondary cardiovascular prevention in the oldest old <i>Anna Renom Guiteras, Spain</i> <b>Q&amp;A</b>	<b>GEI (GLOBAL EUROPE INITIATIVE) ROUND TABLE</b> ●● <b>Nutrition in Nursing Homes - innovative practices in 4 GEI countries</b> <i>Chairs: Ksenia Eruslanova, Russian Federation George Soulis, Greece</i> 1. Nutrition in Nursing Homes - Innovative Practices in Russia <i>Yulia Kotovskaya, Russian Federation</i> 2. Therapeutic Kitchen <i>Radhouane Gouiaa, Tunisia</i> 3. Coping with dietary restrictions in nursing homes <i>Duygu Erbas Sacar, Turkey</i> 4. Gerontological norms – an example of Croatian good practice <i>Tajana Pavic, Croatia</i>	<b>EAMA SESSION COMMUNITY BASED GERIATRICS</b> ●● <i>Chair: Adam Gordon, United Kingdom</i> 1. Usefulness of evidence for community-based geriatrics <i>Ulla Aalto, Finland</i> 2. Future perspectives of community-based geriatrics <i>Sumru Savas, Turkey</i> <b>Q&amp;A</b>	<b>BIOGEN SPONSORED SESSION</b> ● <b>Alzheimer's disease: an evolving patient journey</b> <i>Jeffrey Cummings, USA</i>
16.45/17.30	<b>EuGMS ACADEMIC BOARD ROUNDTABLE</b> ●● <b>What we have learned from the Covid-19 pandemic?</b> <i>Coordinators: Jürgen Bauer, Germany Anastasia Kosioni, Greece</i> 1. The perspective of the outpatient and GPS <i>Bruce Guthrie, United Kingdom</i> 2. What have we learned from the pandemic about digitalisation of services for older people <i>Dawn Dowding, United Kingdom</i> 3. No one is safe until everyone is safe <i>Anastasia Koutsouri, Greece</i>	<b>EuGMS LATE BREAKING NEWS</b> ●● <i>Chair: Athanase Benetos, France</i> 1. Results from COVID-Omega-F: A single-blind randomized controlled trial of omega-3 fatty acids in older frail subjects hospitalized in acute geriatric care for COVID-19 <i>Magnus Bäck, Sweden</i> 2. To explore Emergency Medicine SpRs understanding, identification and management of frailty within the Emergency Department <i>Kara Mc Loughlin, Ireland</i> 3. mRNA SARS-CoV-2 vaccination short-term safety with respect to all-cause mortality in the older population in Norway <i>Anette Høyen Ranhoff, Norway</i> 4. HOMEFOOD randomized trial - Can a six-month nutrition therapy after discharge from hospital improve body composition and physical function in older adults? <i>Berglind Blondal, Iceland</i> 5. HOMEFOOD randomized trial - Can a six-month nutrition therapy after discharge from hospital improve quality of life and cognitive function in older adults? <i>Berglind Blondal, Iceland</i> 6. Cross-cultural differences on experiences and attitudes towards the COVID-19 pandemic, and the initial lockdown period in France and Mexico <i>Virgilio Hernandez-Ruiz, France</i>		<b>NESTLÉ SPONSORED SESSION</b> ● <b>Effect of nutrition and ketogenic intervention on brain performance in mild cognitive impairment</b> <b>Introduction and Welcome</b> <i>Chair: Antonio Cherubini, Italy</i> 1. Understanding how Ketogenic-Medium Chain Triglycerides (kMCTs) provide cognitive improvements <i>Robin S.B. Williams, United Kingdom</i> 2. Brain Energy Rescue: Effects of a Ketogenic Oral Nutritional Supplement in patients with Mild Cognitive Impairment <i>Bernard Cuenoud, Switzerland/Canada</i>

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08.45/09.30	<b>SIG ON GERODONTOLOGY</b> ● ● <b>Fighting oral frailty in institutional care</b> <i>Chairs: Nathalie Van Der Velde, The Netherlands</i> <i>Santiago Cotobal Rodeles, Spain</i> 1. The association between oral and physical frailty <i>Anastassia Kossioni, Greece</i> 2. Updated recommendations for oral health promotion in nursing homes <i>Frauke Müller, Switzerland</i> <b>Q&amp;A</b>	<b>GREEK SYMPOSIUM</b> ● <b>Digital solutions for the personalized management of chronic conditions</b> <i>Chairs: Dimitrios Kardamakis, Greece</i> <i>Yiannis Ellul, Greece</i> 1. Wearable continuous monitoring system in older people with Parkinson's disease <i>Dimitris Fotiathis, Greece</i> 2. Wearable continuous monitoring system in older people with frailty <i>Vasilis Megalooikonomou, Greece</i> 3. Digital therapeutics for chronic disease management of older adults living at home <i>Giorgos Dafoulas, Greece</i>	<b>ORAL COMMUNICATIONS</b> ● ● <i>Chairs: Hanna Öhman, Finland</i> <i>Yulia Kotovskaya, Russian Federation</i> 1. Nurse staffing practices and postoperative atrial fibrillation among cardiac surgery elderly patients: A multisite cohort study <i>Christian Rochefort, Canada</i> 2. Risk factors for hospital readmission and death after discharge from an acute geriatric unit in older adults from the DAMAGE study: taking the rank of the admission into account <i>Fabien Visade, France</i> 3. A systematic and universal Artificial Intelligence method for oropharyngeal dysphagia screening: Accuracy of machine learning is higher than classic multivariate analysis. <i>Alberto Martín, Spain</i> 4. Arterial stiffness in the prediction of fatal and non-fatal cardiovascular events in a european population of middle-aged and older adults with or without metabolic syndrome. Comparison between two methods: cf-PWV and CAVI. <i>Sara Gabriele, Italy</i> 5. Development and Application of a Prognostic Frailty Index for predicting complications after transcatheter aortic valve implantation (TAVI): PARTNER-HULP Index <i>Paola Pastora Reinoso Párraga, Spain</i> 6. Long-term Effects of a Specific Multinutrient Intervention in the Prodromal Alzheimer's Disease LipiDiDiet Clinical Trial <i>Tobias Hartmann, Germany</i> 7. A comprehensive model of geriatric domains for mortality among older patients with cancer: a structural equation approach. <i>Claudia Martínez-Tapia, France</i> 8. Delirium diagnostic uncertainty in a real-world setting: prevalence and associations with mortality, length of stay and discharge destination <i>Emily Boucher, Canada</i> 9. Effects of long-term home-based physical exercise on depressive symptoms and quality of life in persons with signs of frailty – RCT (NCT02305433) <i>Katriina Kukkonen-Harjula, Finland</i> 10. Frailty Screening In Geriatric Patients In Sweden Using An Electronic Frailty Index <i>Jonathan Ka Long Mak, Sweden</i> 11. Effects of Leucine Administration in Sarcopenia in older institutionalized individuals: a randomized placebo-controlled trial <i>Omar Cauli, Spain</i> 12. SPICT as a predictive tool of mortality in Old Patients with Advanced Chronic diseases: a bicentric cohort study in Belgian Emergency departments <i>Delphine Bourmorck, Belgium</i> 13. "Fit to Sit" in a Tertiary Hospital Emergency Department – A Quality Improvement initiative <i>Maeve Ryan, Ireland</i> 14. Patients' characteristics associated with a request for a geriatric consultation in the Emergency Department <i>Gagliano Mariangela, Switzerland</i> 15. Effect of geriatric rehabilitation system on care home admission and mortality in patients following hip fracture: a retrospective cohort study using German health insurance claims data <i>Kilian Rapp, Germany</i> 16. Twelve-Year Sarcopenia Trajectories in Older Adults: Results from a Population-Based Study <i>Caterina Trevisan, Italy</i>	
09.30/10.15	<b>DIETARY PATTERNS AND HEALTHY AGEING</b> ● ● <i>Chairs: Cornel Sieber, Germany</i> <i>Gülistan Bahat Ozturk, Turkey</i> 1. Identifying dietary patterns of healthy ageing trajectories <i>Demosthenes Panagiotakos, Greece</i> 2. The association of diet and alcohol intake with ageing in Eastern European populations <i>Andrzej Pająk, Poland</i> <b>Q&amp;A</b>	<b>GREEK SYMPOSIUM</b> ● <b>Community interventions promoting ageing at home</b> <i>Chairs: Athanasios Symeonidis, Greece</i> <i>Ioannis Karaitianos, Greece</i> 1. The role of the geriatrician in supporting older people living in the community <i>George Soulis, Greece</i> 2. Home-based rehabilitation: challenges and perspectives <i>Xanthi Michail, Greece</i> 3. The role and unmet needs of caregivers in supporting older people to stay at home <i>Liz Mestheneos, Greece</i>		
10.15/11.00	<b>CROSS TALK BETWEEN OTHER SPECIALISTS AND GERIATRICIANS</b> ● ● <i>Chairs: Athanasios Karampeazis, Greece</i> <i>Rebecca Dreher-Bruggmann, Switzerland</i> 1. Co-management of older cancer patients by oncology and geriatric specialists: state of the art <i>Pierre Soubeyran, France</i> 2. Co-management of older patients by orthopaedic surgeons and geriatric specialists: which model works best? <i>José A. Serra-Rexach, Spain</i> <b>Q&amp;A</b>	<b>GREEK SYMPOSIUM</b> ● <b>Developing Geriatric Medicine in Greece</b> <i>Chairs: Marina Kotsani, Greece</i> <i>Petros Sfrikakis, Greece</i> 1. How to promote geriatric competences among General Practice trainees and family physicians <i>Emmanouil Smyrnakis, Greece</i> 2. Goals and potential solutions for infrastructure required to support Geriatric Primary Care <i>Marios Themistokleous, Greece</i> 3. Starting from scratch: The creation of a Postgraduate Program for Geriatric education <i>Evrydiki Kravvariti, Greece</i>		
11.00/11.45	<b>EARLY CAREER GERIATRICIANS: STEFANIA MAGGI AWARD SYMPOSIUM</b> ● ● <i>Chair: Anne Ekdahl, Sweden</i> <i>Mary Ni Lochlainn, UK</i> <i>Laura Monica Perez Bazan, Spain</i> <i>Stefania Maggi, Italy</i> 1. Vitamine D levels in old subjects hospitalized for Covid-19 infection as compared with age and sex matched controls <i>Camille Titah, France</i> <i>Lisa Philippe, France</i> 2. Mid-life Hearing Impairment As Risk Factor For Dementia In People Aged ≥70 Years. A Population-Based Prospective Cohort Study: The HUNT Study, Norway <i>Christian Myrstad, Norway</i> 3. Clinical Reviews Series: To Treat Or Not To Treat: Drug Versus Disease Related Fall Risk <i>Eveline van Poelgeest, The Netherlands</i>	<b>EuGMS LATE BREAKING NEWS</b> ● ● <i>Chair: Eric Boulanger, France</i> 1. Declining Antibody Response to SARS-CoV-2 at 6 Months Following Vaccination in Nursing Home Residents: Data from NH-COVAIR <i>Adam Dyer, Ireland</i> 2. Improving the care of older adults with fragility fractures within a major trauma centre: saving bones, saving lives <i>Gary Jevons, United Kingdom</i> 3. Adverse effects of subcutaneous vs intravenous hydration in older adults: An assessor-blinded RCT <i>Martin Jørgensen, Denmark</i> 4. Serum microRNA as a predictor of frailty for middle-aged and older adults after COVID-19 <i>Rónán O'Caomh, Ireland</i> 5. Prospective changes in reproductive hormone levels, androgen receptor CAG repeat length and their relationships with cognitive decline in men: The European Male Ageing Study <i>Jos Tournoy, Belgium</i>		
11.45/12.15	<b>KEYNOTE LECTURE</b> ● ● <i>Chair: Mirko Petrovic, Belgium</i> <b>Fracture Prevention in the 21st Century</b> <i>Tahir Masud, United Kingdom</i>			
12.15/13.30	<b>BREAK</b>			
13.30/14.15	<b>UNDERREPRESENTATION OF OLDER ADULTS IN CLINICAL TRIALS (EuGMS Task Force on Pharma Strategy)</b> ● ● <i>Chairs: Adalstein Gudmundsson, Iceland</i> <i>Mirko Petrovic, Belgium</i> 1. Do we have a Roadmap for new drug evaluation in older adults in the United States? <i>Janice Schwartz, USA</i> 2. Categorization and outcomes for the older people in clinical trials required in clinical practice <i>Hiroshi Rakugi, Japan</i> 3. Continuing underrepresentation of older people in drug trials - EuGMS initiative <i>Antonio Cherubini, Italy</i>	<b>MANAGEMENT OF HEART FAILURE IN OLDER PEOPLE</b> ● ● <i>Chair: Anastasia Koutsouri, Greece</i> 1. ESC 2021 guidelines for heart failure with focus on older people <i>Johan De Sutter, Belgium</i> 2. Biomarkers of Heart Failure prediction in aging subjects <i>Patrick Rossignol, France</i> <b>Q&amp;A</b>	<b>EAMA WORKSHOP</b> ● ● <b>Want to publish? Meet the Editors</b> 1. The basics <i>Alfonso Cruz-Jentoft, European Geriatric Medicine</i> 2. Tips from a veteran editor <i>Joe Ouslander, Journal of the American Geriatric Society</i> <b>Open discussion</b>	
14.15/15.00	<b>EuGMS ACADEMIC BOARD ROUNDTABLE</b> ● ● <b>Rethinking nursing home after the Covid-19 pandemic</b> <i>Coordinators: Marina Kotsani, Greece</i> <i>Antonio Cherubini, Italy</i> <i>Joe Ouslander, USA</i> <i>Kaisu Pitkala, Finland</i>		<b>EAMA SESSION</b> ● ● <b>QUALITY OF LIFE – ONE SIZE FITS ALL?</b> <i>Chair: Nele Van Den Noortgate, Belgium</i> 1. Dementia and quality of life <i>Aline Corvol, France</i> 2. Heart failure and quality of life <i>Anne Sophie Boureau, France</i> <b>Q&amp;A</b>	
15.00/15.30	<b>BREAK</b>			
15.30/16.00	<b>EAMA HIGHLIGHTS</b> ● ● <i>Chair: Kiyoka Kinugawa-Bourron, France</i> 1. Julien Dekoninck, Belgium 2. Stephen Lim, United Kingdom 3. Hanna Pajulampi, Finland			
16.00/16.30	<b>AWARDS &amp; CLOSING CEREMONY</b>			● ●